

PEOPLE
PLACES
SOUNDS
GOOD COFFEE
A BRIGHTER TOMORROW

今でなければ
いつ

IF NOT NOW

FIELD NOTES 001

October 2026

A monthly collection of things
worth noticing

Same
Streets
New
Perspectives



日常のなかに、
まだ見ぬ何かがある

Mockup edition for download test

A MORE
HUMAN
TOMORROW

CULTURE
COFFEE
MUSIC
STATIONERY
CITY LIFE

Inside this issue

Small things worth paying attention to this month.

— For culture, coffee, clothing and quieter ways of living.

Same
Streets
New
Perspectives

01

Listening

- Late-night radio mixes
- MF DOOM revisits
- Quiet jazz for slow mornings



MUSIC
SOUNDS
BETTER
SLOWER

02

Places

- A neighbourhood coffee spot
- A small independent bookshop
- A corner ramen place after dark



PLACES
PEOPLE
STORIES
ALWAYS

03

Objects

- A notebook worth keeping
- A camera you carry everywhere
- A cap that gets better with wear



SIMPLE
THINGS
A RICHER
TOMORROW

04

Idea

Beautiful boredom — making room
for unplanned thought.



何もしない時間も
きつとどこかで
役に立っている

—
PEOPLE
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Thank you for reading

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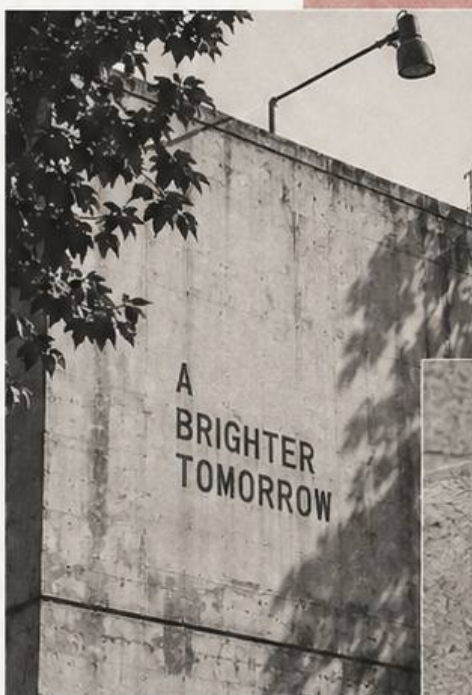
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WHAT NEXT

- 01 — Visit ifnotnow.co.uk
- 02 — Follow @ifnotnow
- 03 — Look out for Field Notes 002

ARCHIVE

001 — October 2026
More issues coming soon



小さなものが、
大きな変化をつくる



A MORE
HUMAN
TOMORROW

— IF NOT NOW — Field Notes